

Botox Cosmetic Post-Treatment Instructions

Do not lie down for 4 hours post treatment.

Contract the muscles that have been treated every 15 minutes for two hours.

Do not rub the treated area.

Do not exercise for the first 24 hours after treatment.

You will not see results for up to 5 days after treatment and the maximum effect will take place within two weeks.

The average Botox treatment lasts 3-4 months. After regularly scheduled repeat treatments, the effect may last longer.

Call our ***Spring of Youth Medical Group*** at 228-875-0885, if you experience any side effects from your treatment or if you have any concerns or questions.