



Botox Cosmetic Pre-Treatment Instructions

Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, Omega 3 fatty acids (fish oil), and vitamin E supplements for five days prior to treatment to reduce the risk of bruising and bleeding at the injection site.

Avoid alcohol 24 hours before treatment. This will also reduce the risk of bruising and bleeding.

Arrive at your appointment with a clean face, if possible.

Call our Spring of Youth Medical Group at 228-875-0885, if you experience any side effects from your treatment or if you have any concerns or questions.