

Facial Filler Post-Treatment Instructions

Immediately after treatment, the most commonly reported side effects were temporary redness and swelling at the injection site. These effects typically resolve within two to three days. Cold compresses may be used immediately after treatment to reduce swelling.

Avoid touching the treated area within six hours following treatment. Avoid exaggerated facial movements/expressions.

AVOID SUN EXPOSURE until initial redness and swelling have resolved.

DO NOT EXERCISE for six hours post-treatment.

AVOID ALCOHOL for six hours post-treatment.

Since Restylane is a temporary treatment, the results will eventually wear off and Restylane will need to be injected again. Evidence shows that having a follow up treatment before the product has fully dissipated will enhance the lasting effect.

Be sure to have your follow up appointment scheduled in 3-4 months.

Please contact Spring of Youth Medical Group with any concerns regarding your treatment at 228-875-0885